



e.p.a. Tettenborn | Hamburg, Youth Exchange - august | september 2023

Don't Look Away  
let's take a first step

**free to move**

How International Youth Exchanges offer a different format for young people to experience inclusion and solidarity





# welcome

This International Youth Exchange (IYE) gave an opportunity for 60 young people from Spain, Slovakia, Portugal, Slovenia, Germany, Hungary, Romania and the UK to meet, learn, share, work and play together, staying in two different, both beautiful places: one week in a rural tranquil setting in the Jugend- und Bildungshaus in Tettenborn and the second week in the famous Youth Hostel am Stintfang, with a panorama view over the Elbe and port of Hamburg - in walking distance from the Baui St.Pauli.

The participating groups, all partners in the e.p.a.-network came from

Lisboa: eco-estilistas, Budapest: H52, Timisoara: Asociatia Filotimo, Maribor-Ljubljana: Filantropija, Málaga-Ceuta: almatahlar, Liverpool: up4change.

The hosting group is from the 'BauI' - which celebrated their 40th anniversary this year, - Adventure playground and Community Centre am Brunnenhof, under the motto: 'Der BauI ist für alle da!'

This is the first e.p.a. International Youth Exchange, which was supported by EU Erasmus+ Youth programme under the financial framework: "Accreditation". Our Advance Planning Visit - APV meeting (15-18 June) was a great opportunity to prepare the Youth exchange together, explore the proposed theme, collect the proposals from all participants, co-create the programme of activities etc.

**BauI**

# Staying in Tettenborn & Hamburg





This International Youth Exchange (IYE) will give an opportunity for 60 young people from Spain, Slovakia, Portugal, Slovenia, Germany, Hungary, Romania and the UK to meet, learn, share, work and play together, staying in two different, both beautiful places: one week in a rural tranquil setting in the Jugend- und Bildungshaus in Tettenborn and the second week in the famous Youth Hostel am Stintfang, with a panorama view over the Elbe and port of Hamburg – in walking distance from the Baui St.Pauli.

The participating groups, all partners in the e.p.a.-network come from

Lisboa: eco-estilistas, Budapest: H52, Timisoara: Asociația Filotimo, Maribor-Ljubljana: Filantropija, Málaga-Ceuta: almatahiar, Liverpool: up4change.

The hosting group is from the 'Baui' – which will celebrate their 40th anniversary this year, – Adventure playground and Community Centre am Brunnenhof, under the motto: 'Der Baui ist für alle da!'.

This is the first e.p.a. International Youth Exchange, which will be supported by EU Erasmus+ Youth programme under the financial framework: "Accreditation". So the APV meeting from 15-18 June will be a great opportunity to prepare the Youth exchange together, explore the proposed theme, collect the proposals from all participants, co-create the programme of activities, which will be uploaded by end of June.

27.08.	28.08.	29.08.	30.08.	31.08.	01.09.	02.09.	03.09.	04.09.	05.09.	06.09.	07.09.	08.09.	09.09.	10.09.
Sonntag	Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Sonntag	Sonntag	Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Sonntag	Sonntag
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
ARRIVALS	WELCOME NAME GAMES "WHO WHO" PROBABLE	WORK SHOP 1 HAMBURG GOING	WORK SHOP 2	BORDER ERASMUS INTRO WORKSHOP 4 MUSEUM	ERASMUS INTRO WORKSHOP 4	WORKSHOP 5	10:30 Travel to HAMBURG	WELCOME TO HAMBURG INTRO TO BAUI	DOVE ELBE & BRG	WORKSHOP 6	WORKSHOP 7	PREP THE YOUTH PASS	BRUNNA GAME	
BAD SACHSA	LOOK AROUND SIPPING PREPARE POSTERS	LOOK AROUND TATTENHOF	GREED ALTERNATIVE OLYMPICS SHOPPING	WORK SHOP 3	NATURE WALK	FREE TIME MIRROR GAME	CHAL OF YOUTH HOSTEL PREPARE CONCERNS	CITY RALLEY		YOUTH CONCERNS	SWING	BAUI PLAY DAY + BAND	BAUEN	GUTE HEIM REISE
WELCOME TATTENHOF	I I I I I I I I I I PRESENT POSTERS	INVISIBLE FRIENDS?	INTERCULTURAL SWIFT	HUG WORKSHOP NIGHT WALK	Relationships	Introduction to HAMBURG INTER-CULTURAL NIGHT GO PACKING	SURPRISE ? ?	"A STEP OR TWO" WORKSHOP	LIVERPOOL GAME SHOW "ANSWER" "CARRY" "WOW"	U Planning BAUI Play day.	FREE EVENING	DISCO KKEKA RAOKEY	YOUTH PASS THE LAST WORD Rainbow Letters	
Tettenborn / Bad Sachsa							Hamburg							

This project is supported by the European Union Erasmus+ and the Free and Hanseatic City of Hamburg



27. August – 10. September

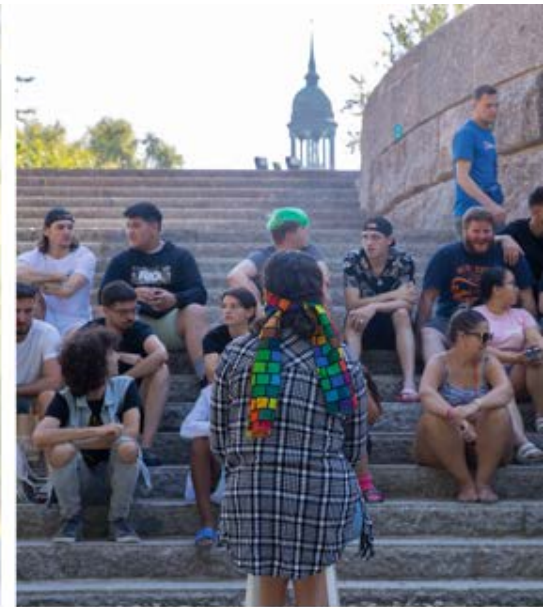
# The Programme

Don't look away – Let's take a first step ...!



# Tettenborn






# Invisible Friend

For a week, all participants will have a secret friend who will present them with the most diverse and fun surprises throughout the week. In the end everyone will be discovered!



# Workshops

## Presentations

 It is important that every child has the right to express their opinion, and this opinion is listened to and taken seriously in all matters affecting the child. Every child has the right to an education which helps develop their personality, mental and physical abilities to their fullest potential, and encourages them to respect the human rights of all.





# Time to Play

Every child has the right to play, rest and leisure, and to participate freely in culture and the arts.



Some reasons why playing is considered a fundamental right:

- Holistic Development
- Health and Well-being
- Social Skills
- Creativity and Imagination
- Education and Learning
- Freedom and Expression
- Stress Relief
- Cultural and Recreational Rights
- Bonding and Relationships





# Care and Share

## "Sharing is Caring"

Every child has the right to enjoy their own culture, and use the language and customs of their families, whether or not these are shared by the majority of the people in the country where they live, so long as this brings no harm to others.



# Group Games



Every child has the right to play, rest and leisure, and to participate freely in culture and the arts.



# Playday Bau!





Free to Move

# Time to Rest

Every child has the right to play, rest and leisure,





# The Group

To be part of a group opens up the chance for young people to support and learn with each other. Within the group we learn to accept each other, find out not only our differences, but also our similarities. Young people within the group can enjoy a sense of belonging, which is the feeling of security and support when there is a sense of acceptance, inclusion, and identity. Children learn and develop best when their culture, their language, their knowledge and community are affirmed by others in their everyday lives.

*Some comments of the participants:*

„That I am not alone and I am surrounded by friends.“ (Misko, Bratislava)

„Love and understanding“ (Andrei, Hamburg)

„I love this community and the people in it. They are super and I felt better than home. <3“ (Danko, Bratislava)



# EU Certificates





# Time to say Goodbye

---





# Evaluations

---

Every child has the right to express their views, to look for, receive and share information, so long as the information is not damaging to them or to others.

## TABLE OF CONTENTS



1 | The Host - 2 | Welcome - 4 | The Programme  
6 | Tettenborn - 8 | Invisible Friend - 10 | Workshops  
12 | Time to Play - 14 | Care and Share - 16 | Group Games  
18 | Playday Baui - 20 | Time to Rest - 22 | The Group  
24 | EU Certificates - 26 | Time to say Goodbye - 28 | Evaluations



european playwork association  
[info@epa-network.org](mailto:info@epa-network.org)

website  
[www.epa-network.org](http://www.epa-network.org)



Co-funded by  
the European Union

Funded by the European Union. Views and opinions expressed are however those of the author only and do not necessarily reflect those of the European Union or European Commission. Neither the European Union nor the granting authority can be held responsible for them.